MOVIPREP INSTRUCTIONS FOR COLONOSCOPY

APPOINTMENT DATE: _____ CHECK IN TIME_____

FOLLOW UP VISIT (STE 820)_____

LOCATION: **ENDOSCOPY CENTER**
9850 GENESEE AVE. STE 980
LA JOLLA, CA 92037

The day before the procedure:
After a small breakfast (toast, bread, bagel, simple cereal), you will be on a clear liquid diet. This includes water, clear fruit juices (apple, cranberry, grape), tea, coffee, Popsicles, bouillon, Jell-O. **NO SOLIDS, MILK, DAIRY PRODUCTS, OR JUICES WITH PULP**. Please note, the more liquids you consume, the easier the prep will be.

First Dose 4:00 – 6:00 pm Start Date _____
Follow the Moviprep Patient Instructions provided. If preferred, mix the solution ahead of time and refrigerate prior to drinking. **Be sure to drink all of the solution.**

You may continue the clear liquid diet up to midnight and then you may have water up to 2 hours before the procedure.
**If your colonoscopy is scheduled for the afternoon, you may have clear liquids up to 6 hours before the procedure and water up to 2 hours before the procedure.*
STOP: COUMADIN AND/OR PLAVIX, IF YOU TAKE THESE MEDICATIONS 5 DAYS BEFORE YOUR PROCEDURE. Aspirin, Motrin, Aleve, Ibuprofen are okay to take.

Miscellaneous instructions

Sedatives will be given during the exam, so be sure to make arrangements to have a responsible adult drive you home. Taxis and buses are not acceptable forms of transportation. The driver must go to Ste 980 to sign you out before you can be discharged. Plan to be at the facility for approximately two hours.

High blood pressure medications and other heart medications: Take these medications the morning of your exam with a sip of water.

Diabetes: Take one-half of your diabetic medications or Insulin on the day before the colonscopy and none on the morning of the procedure.

Physician charges are separate from facility charges. Any payments made at the time of your service will be applied to the facility fee only and you will receive a separate bill from the physician. If biopsies are taken, you will receive and additional bill from the laboratory.