

INSTRUCTIONS FOR UPPER GI ENDOSCOPY

APPOINTMENT DATE: _____

CHECK-IN TIME: _____

**LOCATION: LA JOLLA ENDOSCOPY CENTER
9850 GENESEE AVE, SUITE 980
LA JOLLA, CA 92037**

Please do not eat anything after midnight the night before your procedure. You may have water up to 2 hours before the procedure. However, if your procedure is scheduled for the afternoon, you may have a light breakfast before 8 a.m. the morning of the exam and water until 2 hours before the procedure.

For most patients, sedatives will be given during the exam, so be sure to make arrangements to have a responsible adult drive you home. Taxis and buses are NOT acceptable forms of transportation. The driver must go to Suite 980 to sign you out before you can be discharged. Plan to be at the facility for about 1.5 hours.

Should you have any questions, please call our office at (858) 453-5200. **You may also visit the Endoscopy Center's website to obtain further information: www.lajollaendoscopy.com**

Physician charges are separate from facility charges. If biopsies are taken, you will receive two additional bills from the pathologist and the hospital laboratory.

